



Brent **NHS**

Teaching Primary Care Trust
Working with our partners for a healthier Brent

HAZ

BRENT HEALTH ACTION ZONE ANNUAL REPORT 2004 – 2005



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Introduction - HAZ Committee Chair Steve Maingot

Welcome to the HAZ annual report 2004-2005. The Health Action Zone (HAZ) Committee continue to advance the work and ethos, based on Community-centred activities, initiated by the original Health Action Zone.

Under the stewardship of the HAZ manager, the Committee has ensured that there is good governance arrangements in place for all HAZ projects. The Committee receives regular progress and performance reports on the work of all projects. Projects that have been initiated since the Committee has been established are closely aligned to the priorities of the teaching Primary Care Trust (tPCT).

The tPCT recognises the work and contribution to its wider community involvement and healthcare priorities that the HAZ's projects have enabled. The tPCT is thankful to the Community representatives that have made HAZ a success.

This being the final year of funding for HAZ projects, the Committee will be reviewing the work and outcomes of the projects, to determine the most effective and appropriate way forward.



HAZ Manager's Report Jackie Collins

This report combines our 6 monthly newsletter with a full profile of work carried out by the HAZ funded projects and the work of the team in the last 12 months. It also sets out our programme for the final year of Brent Health Action Zone.

I hope to give you an insight into the progress of the HAZ funded projects through reference to the quarterly performance monitoring system. The full report is available from the HAZ office if you are interested in getting more detail, or from our website at www.haz-brent.org.uk We have also profiled some of the organisations in order to give them an opportunity to show you a portrait of the other work they do in the community.

HAZ funded projects 2004-2006

HAZ money is ring fenced within Brent teaching Primary Care Trust (tPCT), directly funded by the Department of Health (DoH) to tackle health inequalities through innovation, community engagement and using an evidence based approach. As such, we have included the accounts for Brent HAZ in 2004/05 and the budget for 2005/06 at the end of this report.

The decision to use HAZ funding in the final 2 years of the programme in the 3 disease based areas of TB, Cancer, and Diabetes was a move away from the workstream approach previously adopted in the HAZ. We hope that this has been successful in meeting our aims for 2004-2006:

- To use the limited time left available to try something new
- To show the potential of clusters of projects across the health, council, voluntary sectors and community in working together around key priority areas.
- To show the value of commissioning the voluntary and community sector (VCS) in assisting the tPCT in meeting targets and reaching the communities in Brent in which inequalities in health are most pronounced with special regard to accessing knowledge, awareness services and support in three local major conditions.

Whilst significant funding was used on the three priority areas, the majority of HAZ spend continued to be used for projects that tackled the broader determinants of health (e.g. housing, employment).

The funding programme for 2005-2006 will remain the same as last year with three additional projects. In January '05 the HAZ committee approved two mental health projects and one needs assessment:

- The Brent User group (BUG) user involvement programme.
- The Loud and Clear Advocacy project.
- The needs assessment for younger people with physical and sensory impairment.



Monitoring with support

All the funded projects will continue to be monitored through the quarterly system and will be given assistance with evaluation and exit planning. In feedback from funded projects, many report the support that has gone hand in hand with the monitoring as one of the most important and distinguishable differences between HAZ as a funder and other statutory sector funding. The HAZ committee have recommended this system be 'mainstreamed' in future funding arrangements with the tPCT.

All HAZ projects have been discussed with the relevant directors for consideration, where appropriate, for mainstream tPCT funding after 2006. However, the financial constraints placed upon Brent tPCT for the coming year may restrict the opportunities for continued funding in the foreseeable future. In May 2005 all projects attended one-to-one meetings with the HAZ manager where we discussed the projects and considered future funding options.

'Mainstreaming' the HAZ model

As well as working with the individual projects it is important for us to explore how we disseminate the learning of Brent HAZ, and mainstream the methods, values and approaches that have been successful.

The HAZ committee have tasked us with making sure that when the funding from the Department of Health ends, the legacy of the HAZ remains. This should be seen in the continued good working relationship between the community and health sector, that has been such a crucial aspect of the Health Action Zone story in Brent.

In the HAZ we have taken a particular approach to partnership working that is not common to all partnerships. It begins with the understanding that no single agency can tackle health inequalities alone. All partners contribute to a shared vision and objectives in their unique ways. Unique, both in how they deliver services and to whom; to the different perspectives, skills, expertise, values and organisational culture that each partner brings to the table.

The emphasis has been on transparency, community development and acknowledging the value of each partner. This has been shown to work through the success of the HAZ projects and the strength of the partnerships built around them in the priority area steering groups. It has enabled the tPCT to understand better how to engage with 'hard to reach' communities and use this to effect change.

The future of health inequalities work in Brent

The role of the HAZ over the next 9 months is to assist the tPCT in developing mechanisms to carry out its health inequalities responsibilities without the additional funding from the Department of Health. To this end, I will be working to focus discussions with the local authority, community and other partners to see how to make best use of initiatives such as the

Local Area Agreement (LAA) and *Choosing Health* (the Public Health white paper on primary prevention) to make real changes to the long term inequalities that exist in Brent.

The LAA is the latest chapter in government policy (that began in area based initiatives such as the HAZ) to bring all local sectors, agencies and partners together, to decide local priorities and bring mainstream budgets to bear on long term areas of need that lag behind other parts of the borough.

Partners for Brent (Brent local strategic partnership) successfully applied to become a second wave LAA pilot earlier this year. The LAA is split into four areas or blocks: Children & young people / Healthier communities & older people / Safer & stronger communities / Economic development & enterprise. The LAA provides local freedoms and flexibilities to sign all partners up to deliver on a set of shared objectives. I will use the remaining period as HAZ manager to work with our partners to make sure that health inequalities is a central thread in the LAA.

Similarly, with health inequalities as a central theme in *Choosing Health*, we have an excellent opportunity to make sure that health inequalities work continues as a local priority, long after the HAZ funding has ended.

Thank you to everyone who has been involved with the Health Action Zone this year. Your continued commitment and support is greatly valued. A special thanks in particular to those involved in the TB, Cancer and Diabetes steering groups, the HAZ committee and Kathy Doyle (HAZ P.A.)

Jackie ends "I would also like you to put in your diaries Friday January 27th 2006, when we will host a HAZ celebration event, with awards ceremony, to which you will all be invited."

HAZ Funded Projects

All HAZ funded projects are required to submit quarterly performance monitoring reports. These summaries provide an overview of the work that has been carried out this year.

Brent Citizen's Advice Bureau (CAB) – Training Refugee Volunteers

The CAB Training Refugee Volunteers project has been funded by the HAZ for several years now. The CAB have been successful in recruiting and training volunteers from refugee communities. The trainee advisors follow the 'Citizen Advice Generalist' Certificate, which is a nationally accredited course. In addition the CAB have run weekly advice sessions in three centres: Salusbury World, Tamil Refugee Action Group and Dar Al Islam providing advice to 460 clients. The main issues were: Social Security, Immigration, Debt and Housing advice. The majority of clients were from Iraq with other significant client groups, Tamil, Somalian, Egyptian, Kosovan and Afghan. Asylum seekers and refugees have been advised on their entitlements and helped to exercise their rights by assisting with the

completion of a wide variety of forms, and negotiating and contacting other agencies on their behalf to resolve their problems. Arabic and Tamil Interpreting services were kindly organised by the staff and volunteers of the community centres.

We have encouraged the CAB to work with the Walk-In Ethnic Health Centre at Wembley Centre for Health and Care and continue to build partnerships with the 3 refugee centres. Source :Brent CAB –HAZ monitoring reports

Contact: Jacqueline Carr, Citizens Advice Bureau, **020 8459 3617**, Email jacqueline.carr@brentcab.co.uk

CAB - Benefits Advice in GP Surgeries

This project has worked in two GP practices to increase the income of individuals and families on low income. The largest number of sessions related to Social Security and Debt advice. Over the 12 month period, 364 clients were seen in 69 sessions.

"We continued to increase the income of individuals and families on low income, thereby, improving the quality of their lives and their well being. The following cases exemplify the work we have been doing for clients in the doctors surgeries:

We advised a client who is pregnant with twins about her maternity rights in employment and about any maternity benefits she is entitled to. We helped several clients with Disability Living Allowance appeals as they had been refused the benefit and were not satisfied with the outcome. We successfully helped a client with a learning disability and who lives with his wife and child get his Income Support and Disability Living Allowance reinstated after it had stopped for two months with no warning. Debts continue to be a major challenge for our clients, as household debts in the borough continue to rise. During this quarter, we continued to assist our clients with debt matters to help them to regain control of their finances, and to maintain acceptable standards of living, by negotiating affordable rescheduled repayments of their debts." Source: Brent CAB – HAZ monitoring reports

Contact: Jacqueline Carr, Citizens Advice Bureau, **020 8459 3617**, Email jacqueline.carr@brentcab.co.uk

Brent Carer's Centre, Primary Care Development Project

This project works in 4 key ways to contribute to the well being of carers by working within the primary care settings. It has been HAZ funded since 2000.

The project team work directly with GP and other practice staff, they also provide information and support to individuals, run training sessions and presentations, and bring care issues into strategic planning through involvement at key planning meetings and events. The project has met or exceeded it's annual objectives for 2004/05 which were revised at the start of the year in the review of all long-term funded projects.

HAZ FUNDED PROJECTS

- To visit every GP Practice in Brent to deliver Brent Carers Centre's leaflets, carers' information packs and raise awareness about carers needs. To prepare and circulate guidance for GP Practices on General Medical Services (GMS) Contracts who are writing a protocol for identification and referral of carers. To attend primary care staff team meetings/forums/training sessions to deliver carer awareness training. To attend Brent tPCT's locality meetings, PPI committee and working groups, tPCT planning events, healthy living events, AGM, health fairs etc
- To provide information, advice, emotional support to 30 carers per quarter, (240 carers over two years), to organise training sessions for carers, presentations for carers participating in CHD patients' rehabilitation programmes, training to include First Aid, Back Care, Stress Management, Living Healthily.

Other highlights this year:

- Availability of a free flu jab last autumn for carers living in Brent following a joint initiative with Brent PALS.
- Our Newsletter that included guidance for GP Practices in relation to The GMS Contract and carers to encourage them to identify and support carers.
- Seven training events which were attended by 92 carers which all received extremely positive feedback.
- The Carers Information Pack was updated with added insets on elder and learning disabilities and distributed to GP practices and health clinics to use as reference and to hand out to carers.

Source: Brent Carers Centre - HAZ monitoring reports

Contact: Odeta Pakalnyte or Kathleen Mulligan, Brent Carers Centre, **020 8453 2213**, Email **odeta.pakalnyte@brentpct.nhs.uk**, **kathleen.mulligan@brentpct.nhs.uk**

Brent HAZ – Capacity Building Project

It took an unfortunately long time to recruit to this post but in March we appointed Denise Bobb as the new Capacity Building Worker. Up until that time the HAZ manager continued to deliver this project:

- Planning, distribution, pre-grant workshops, allocation panel and monitoring workshop for Community Health Development Fund (CHDF)
- Support for individual community and voluntary sector organisations
- Support for Brent Community Physical Activities project and establishment of Instructors NVQ II course
- Contribution of the Patient and Public Involvement steering group and agenda across the tPCT

- Attendance and support to West London SEED programme and panels
- Attendance at and support to West London ESF Capacity Building project
- Facilitation of Community Involvement workstream
- Continued support of PCP steering group
- Support for the Capacity Builder's network

Source: HAZ Manager Report

Contact: Denise Bobb, Brent Health Action Zone,



020 8965 8729, Email **denise.bobb@brentpct.nhs.uk**

Brent HAZ - Healthy Living Development Fund

The HAZ manager in liaison with Chris Baguma (Neighbourhoods health development manager) have continued to work with groups in promoting healthy living through the network and associated projects. Source: HAZ Manager Report

Contact: Jackie Collins, Brent Health Action Zone, **020 8795 6230**, Email **jackie.collins@brentpct.nhs.uk** or Chris Baguma, **020 8795 6224**,

Email chris.baguma@brentpct.nhs.uk

Brent QEST – Mental Health Project

- This project provides funding to QEST, a Richmond Fellowship project to assist people with mental health problems into employment, training and education. Over the last year the service has had 93 new registrations and has worked with 188 clients, achieving the 30% into work & 30% into training & education targets.
- All clients recruited for the QEST/BACES work preparation course completed, also achieved our contracted 60 IAG advice sessions in the last quarter.
- One Employment Advisor is now working full time with Central and North West London (CNWL) Trust on their user involvement programme and have recruited 6 clients to work within the Trust, 2 have work experience placements, 1 into F/T employment, 1 into P/T employment and two are waiting to start placements.
- “Brent QEST has had an extremely successful year. With more clients accessing the service and with additional funds that it has attracted through NDDP, IAG and the EQUAL project we have been able to expand the number of staff and activities on offer. The service now sees almost double the number of clients originally contracted and the waiting list is down from 12 weeks to 4 weeks.”

Source: QEST monitoring reports

Contact: Jan Lemmon, RFET Brent QEST, **020 8459 9020**, Email jan.lemmon@richmondfellowship.org.uk

Brent Refugee Forum – Core Funding Project

When the HAZ funding came to Brent it was agreed to support the development of a new Refugee Forum, this funding has continued for the last five years though the Forum have succeeded in bringing in additional resources to supplement the HAZ funding. The Forum is now well established and a key player in the local community and statutory sector partnerships.

Project indicators 04/05

- To disseminate accurate and helpful information to refugee organisations including the distribution of a minimum of six newsletters
- To guide and advise local refugee community organisations and give them a stronger voice to speak for refugee needs through one to one support, capacity building and training for new, emerging and existing organisations
- To hold 10 Forum meetings per year and in addition 10 management meetings per year and infrastructure development and expansion of the Forum
- To generate, support and promote initiatives to improve the services to the refugee population through membership of other networks and forums

- To organise and support events for Refugee Week, Black History Month and Respect Week

“The Forum has exceeded the expected performance for this financial year and managed to achieve a lot within limited resources and time limits. We believe that the Forum is capable to make a real difference to the refugee communities to help them bridge the gaps for a meaningful integration and help the statutory sector achieve its targets with regard to this sector, advising on the needs and ways forward. The membership has increased from 54 last year to around 70 this year, providing infrastructure support to 13 organisations each quarter, bringing in an additional £21k in funding this year and receiving Certificate of Verification of Capacity Building Programme from CEMVO (Council of Ethnic Minorities Voluntary Sector Organisations) and validation on the RCO Leadership programme and trained bid writer. Brent Refugee Forum is involved in Borough wide and National Strategic initiatives e.g Change up, LSP Structure Review, National Mentoring Conference (Refugee Integration), Refugee Health conference, Metropolitan Police Officers course, Sure Start” Source: BRF HAZ monitoring reports

Contact: Amna Mahmoud, Brent Refugee Forum, **020 8459 9092**, Email brentrefugeeforum@yahoo.co.uk

Healthy Living Networker - Health from Leisure at Wembley Park (HfL)

Wembley Park is the last of the healthy living centres to be supported by the HAZ through funding for the post of co-ordinator, Gloria Travers. The project aims to support the residents of the local area in developing a range of initiatives that promote health and well-being through working with Brent tPCT, Brent Council, Metropolitan Housing Trust and other organisations to ensure that such initiatives are integrated into local plans for health. To this end Gloria spends half of her time working on health initiatives such as the annual Healthy Living Day at ASDA, increased participation in both Over 60s Keep Fit classes by 50%, increased participation in Health from Leisure initiatives – elders club, speakers, pension support, elders roadshow, raising awareness of the local Walking for Health Initiative (focus on older people) still ongoing, awareness campaign for the priority diseases of the tPCT as in Diabetes, Cancer and TB with the help of the tPCT staff, diabetes expert patient support group development, participation in partnership working (workstream and HAZ meetings), women’s health event with speakers, exhibitors and play/demonstrations on Cervical screening, keep fit, domestic violence, menopause, relationships etc. In addition Gloria leads the HfL steering group in ongoing negotiations for the combined facility presently in planning stages with Metropolitan Housing Trust for the community centre at Chalkhill. Source: HfL - HAZ Monitoring reports

Contact: Gloria Travers, Chalkhill Health Centre, **020 8901 1150**, Email gloria.travers@brentpct.nhs.uk



Cricklewood Homeless Concern – Life Skills Project

This project has been partially HAZ funded since 2000. The Life Skills Project aims to provide meaningful activities to assist individual service users towards social and personal growth. This project is aimed at reaching people experiencing social exclusion both within the CHC user group and the local community and aims to support them in achieving their ambitions. CHC have developed the use of an innovative 'spidograph' to assess positive life changing results enabling clients to focus more on their aims and goals.

The numbers below reflect users taking part in a variety of support services and activities: 35 Users accessed the UK online suite, 32 Users participated in Basic Computer Skills class, 30 Users participated in the Writing / Numeracy classes, 34 Users participated in our USER Forum and 5 have been recruited onto B.HUG (Brent Homeless User Group). Speakers have been invited to the centre to give talks – these include Detoxification by Brent community alcohol service, Coping skills (in-house counsellor from tPCT), Sexual Health and HIV and Exercise and Staying Healthy brought to us by the Brent Community Physical Activities Project. Next year we aim to invite Mapesbury Clinic staff to talk to our refugee group on issues such as post traumatic stress disorder. To continue developing and maximising the use of life skills opportunities on offer through the project and to also maximise each clients self-confidence and self esteem. To continue the outcomes monitoring system known as the spidograph on a minimum of 10 users and to assist in setting goals on a minimum of 5 users with high support needs. The client group at CHC has changed in the last twelve months with many more refugees from East Africa coming to us for support. Source: CHC- HAZ monitoring reports

Contact: Danny Maher, Cricklewood Homeless Concern, 020 8208 1608, Email The.Director@cricklewoodhomelessconcern.co.uk

Food Innovations Project – Brent Business for the Environment

The Food Innovations project continues to deliver against all its revised targets and is the principle source of expertise in the borough on accessing healthy affordable food through the use of volunteers and buddy schemes in food Co-ops, green box schemes and bringing allotments back into community use.

- Total of 1413 square metres of food growing facilities within Brent by project end against target of 1150 square metres. (Verification: Site Reports & Photos)
- Total of 163 volunteers recruited to-date against a target of 150
- Buddy mentoring system maintained at South Kilburn Community Garden and Birchen Grove. Buddy system mentoring in operation at Grassroots Food Produce Co-op, South Kilburn.
- Supported Grassroots Produce to deliver 186 food boxes. Total of 851 food boxes delivered to-date.
- Delivered 9 training / awareness sessions
- 341 horticultural training / fresh fruit and vegetable awareness sessions / opportunities delivered to-date against a target of 300.

Source: BBE - HAZ monitoring reports

Contact: John Drake, BBE 020 8903 9414, Email bbe1uk@yahoo.co.uk

Social Enterprise Project - The Brent Community Trust

The aim of this project is to raise awareness of sustainable trading as an option for the community and voluntary sector, develop training opportunities, provide one to one support to social organisations wishing to pursue sustainable training and develop opportunities for the project to work in a regional and sub regional context.

The project has promoted social enterprise through a variety of training events and presentations, provided one to one support to 12 potential social enterprises including production of business plans, supported the WL PULSE network and led the development of the Brent Community Trust as a key long term sustainable social enterprise for the borough in the management of property in the health and social care environment. Source: BCentral - HAZ monitoring reports

Contact: Jackie Collins, Brent Health Action Zone, 020 8795 6230, Email jackie.collins@brentpct.nhs.uk

The Three Priority Areas of TB, Cancer, Diabetes

In March 2004 the HAZ took a new and bold approach to addressing health inequalities in its last two years. Whilst continuing to spend the majority of the HAZ spend on projects which tackled the broader determinants of health (as referred to above) through projects in housing, homelessness, unemployment, socio-economic disadvantage etc, we decided to focus on some of the areas of health inequalities as they exist in 3 local major health conditions. This would allow us to explore how we could engage with the communities where such factors such as ethnicity, age, disability, refugee status and low income contribute to the prevalence of these conditions. This was based on the premise that social inequalities in these areas lead to reduced access to knowledge and services.

The projects were asked to work together, to share resources, skills and expertise through regular attendance at steering groups and continued joint working outside of that formal arrangement. Overall the programme has been a major success. Those projects with larger budgets have successfully supported smaller projects and many initiatives have been co-hosted and jointly run. The majority of steering group members have been enthusiastic in signing up to this kind of approach and have reported feeling supported by others and by the HAZ team who facilitate all meetings. In managing the projects they were all given support in the initial period by the HAZ manager in drafting their performance indicators for the projects, setting up the projects, linking with other organisations and local health service staff. They have been closely monitored through the steering group mechanism and the quarterly performance monitoring system. Some of the projects have been subject to delays. These have mainly been due to a lack of skilled project staff available for recruitment and several of the organisations have also had to relocate during the last 12 months. However, for any of the projects that were behind schedule, catch-up plans were put in place and delivery in the final 12 months of the projects will continue to be closely monitored and support given as and when required.

TB Projects

TB Research Project - Brent Refugee Forum with the Brent Homeless Families Group

This project is now on schedule to produce an extremely detailed consideration of the issues of stigma about TB in the refugee and homeless populations. The Refugee Forum received Ethics Committee approval for the research project. It uses questionnaires and focus groups to explore the perceptions about TB and TB services among the target populations and combines this with interviews from past and present patients and health care staff to form an overall picture of the "knowledge, perceptions, barriers and social meaning of TB among asylum seekers, the homeless and refugees in Brent". The findings and report will be published later in 2005.

Contacts: Amna Mahmoud, Brent Refugee Forum, **020 8459 9092**, Email brentrefugeeforum@yahoo.co.uk or Jacky Peacock, Brent Homeless Families Group, **020 7624 4341**, Email jacky.peacock@bptrg.org

TB Education and Awareness Project - Brent Race, Health and Social Care Forum

10 retired nurses have been recruited and trained to deliver a series of community based education and awareness sessions in organisations and centres across Brent. A presentation has been designed with input from the nurses at Willesden Chest Clinic, which covers the key questions:

- What is TB and what causes it ?
- Can it be prevented, treated and cured ?
- What are the myths and stigma's that surround TB ?

The training programme is going out to all the communities, beginning with those most at risk, and ending in some large public events in spring next year.

Contact: Davina Baptiste, Brent Race, Health & Social Care Forum, **020 8965 8730**, Email Davina.Baptiste@nhs.net

TB Resources - Brent & Harrow Community Health Projects with Brent Indian Association.

These two organisations have taken a multi media approach for the HAZ TB programme. They have had slots on talkshows, ran adverts on local and ethnic radio stations, ran adverts in the ethnic press. They have also produced an A-Z poster and leaflet raising all the main education issues around TB. They are planning a video later this year.

Contacts: Edwin Mapara, B & H Community Health Projects, **020 8459 6155**, Email emapara@aol.com or Jagdish Patel, Brent Indian Association, **020 8903 3019**, Email jrp1951@yahoo.com

TB Patient Map and Support Phone-line

Asian People with Disabilities Alliance (APDA) spent some time mapping out the patient route to produce a patient map and to inform their own knowledge in supporting individual patients through a phone line service. The phone line is now operational (Freephone **0800 7313 463**). They will primarily provide an English language service, though have developed some additional language support if required, to provide advice, support and re-assurance to people at risk of, concerned about or who have been diagnosed with TB. Close monitoring of this phone line will provide information for the planned NWL sector service anticipated next year from the TB Network.

Contacts: Javaid Iqbal or Ayesha Syed, APDA, **020 8434 0529**, Email APDMCHA@aol.com

Cancer Projects

In the area of Cancer, the HAZ has supported initiatives among particular communities and aims to increase the uptake of screening programmes and raise awareness among the public.

Cancer Black Care (CBC)

CBC been very active and developed creative ways to get messages out to the community about cancer which on some occasions involved utilising various media.

Methods used include:

- CBC appeared on a magazine programme called 'In Diaspora' for BEN TV a Sky cable channel. This hour-long programme was aired live and offered viewers the opportunity to ask questions and gain further information relating to cancer (recordings of the show are available on request). Show has been repeated 3 times since transmission.
- From 15 – 17 October, CBC embarked upon public/private sector partnership event with the team at Kwik-Fit, customers and staff were spoken to and given relevant information leaflets over three sessions. Positive feedback from Kwik-Fit management suggest they are very interested in promoting the awareness campaign for prostate and testicular cancers (possibly on a national scale)
- CBC had hour-long slots on live afternoon radio programmes on Life FM (Brent Community Radio station). CBC had the opportunity to answer live questions and provide appropriate cancer awareness, education and information.
- CBC has been heavily involved with an independent television production company (ARTP) linked with Channel 4. They have been working on a documentary on the inequalities in palliative health care for people from BME communities. The programme is scheduled for broadcast in the summer of 2005.

CBC in partnership with St. Luke's Hospice has acquired ethical consent to carry out focus groups within cancer/oncology clinics in hospitals within the borough. Ultimate aim is to get a better understanding of patient's perceptions of cancer services and provide more appropriate services.

CBC is now a 'Charter' member of the Prostate Cancer Consortium – again enabling and facilitating the airing of local issues at a much higher (strategic, policy-making level).

Contact: Ike Odina, Cancer Black Care, **020 8961 4151**, Email ike.odina@cancerblackcare.org

Brent Carer's Centre

Brent Carer's Centre have been supporting carers of people suffering from cancer already on their database as well as new clients accessing their services.

37 carers have been supported; this was either by attending a support group, receiving support and information from a support worker or attending a training session. Flyers sent out detailing Information Session for Carers of people with cancer to 67 carers on Brent Carers Centre database (out of 96 total, 29 archived), approximately 800 flyers to GP practices, 100 flyers to St Luke's Hospice, 50 circulated around Central Middlesex Hospital and the session was also publicised on the tBrent PCT intranet.

Brent Carer's Centre has jointly designed with Angela Dias a leaflet targeted at carers of people with cancer.

Contact: Shirley Bickers, Brent Carers Centre, **020 8795 6240**, Email shirley@brentcarerscentre.org.uk

Iraqi Welfare Association (IWA)

Iraqi Welfare Association has been involved in ensuring culturally specific health promotion information is available.

Publication of leaflets: as the result of reviews by IWA staff and complaints to DOH regarding mistakes in Arabic versions of leaflets, these leaflets have now been reprinted with a better translation version.

- Seminar on cancer awareness/prevention (3rd February): Details of the seminar were sent out to over 60 GP surgeries in Brent and organisations working with Arabic speakers or health care. The details were in both English and Arabic.
- Also packages for the seminar were completed. Each package included leaflets in English with Arabic translations done either by the Department of Health or the Iraqi Welfare Association. The leaflets were regarding breast screening, cervical screening, mouth cancer, skin cancer, and bowel cancer.
- The seminar was for women only and emphasized issues of concern to women and their families. Ms. Yvonne Okiyo from Macmillan Cancer Relief conducted the seminar and a translator was available as well. Presentations were regarding the five most common cancers in the UK, their causes and symptoms, and also the importance of attending the regular programs for breast and cervical screening.
- Follow-up after seminar: Important networking was established at the seminar with members of organisations and also with trained health advocates that work in the community. Follow up on the issues that were raised at the seminar i.e. support for patients and their families, and fundraising to purchase copyright permission. As well as analysing and evaluating information gathered via questionnaires of participants at the seminar.

IWA participated in a drug misuse seminar for Iraqi Youth and a Healthy Living and Lifestyle for Muslim Women session.

IWA are working on a support portfolio which will include information about supporting organisations, counselling services, carer issues and information in treatment methods and new treatments, this will be in Arabic.

Contact: Hanna Field, Iraqi Welfare Association, **020 8970 2151**, Email hannafield@yahoo.co.uk

Cricklewood Homeless Concern

Cricklewood Homeless Concern have been making referrals for diabetes and tuberculosis screening as well as giving information about smoking cessation to clients. 103 individuals were referred for TB screening, with 5 positive results. 101 individuals were referred for Diabetes screening, with 9 positive results. All clients were given information on smoking cessation and/or housing options.

50 individuals were assisted to fill in questionnaires to identify inequality in assessing healthcare.

This project is proving to be an excellent model for a health/housing joint post that can provide targeted support. The postholder is involved in primary prevention – a smoking cessation advisor as well as diagnostic referral (TB and diabetes) and housing support and advice.

Contact: Ali Ramathan, Cricklewood Homeless Concern, **020 8208 1608**, Email alichc2000@yahoo.co.uk

Brent Irish Advisory Service (BIAS)

BIAS aim to create a greater awareness about the risks and high incidence of TB and cancer amongst the Irish community. Volunteers and a social work student were recruited. Cancer information factsheets are displayed in BIAS reception and distributed to Day Care and Luncheon Club users, informal talks also given to users. One-to-one support was provided to 18 service users. BIAS will contact Cancer Black Care for some future resources.

Contact: Karen McHugh, BIAS, **020 8459 6655**, Email bias.brent@btconnect.com

Afghan Association of London (Brent)

Afghan Association of London held a number of seminars, initially two seminars were held, one on lung cancer and one on breast cancer, there were a total of 75 participants. Two further seminars were held, one on cancer and one on depression and its link with cancer, there were a total of 108 participants. Two final seminars were held on breast cancer with a total of 80 participants. Literature on all the issues was translated and distributed.

The now well-established branch in Brent has greatly improved access for the Brent Afghan community and the services we provide for them. It has also provided a base for youth and family work and our drug and parenting project.

Contact: Fazal Beria, Afghan Association of London, **020 8861 6990**, Email aalbrent2000@yahoo.co.uk

African Women's Care

Twelve volunteers were recruited as health educators on Breast and Cervical cancers among African refugee and asylum seekers. A mapping exercise of local housing estates and health centres was carried out leading to the development of a database. A community outreach program was developed which runs two days a week, providing information and advice to women in local areas including streets and market places in Brent. This also ran on the first and second Saturdays of each month.

Four information/training workshops and raising awareness of breast and cervical cancers took place.

A focus group consultation was organized looking at ways of improving access to screening programmes among new African communities especially refugees and asylum seekers. This issue will be followed up in meetings with frontline staff in GP surgeries.

Contact: Jane Lanyero, African Women's Care, **020 8459 9006**, Email africanwomencare@hotmail.com



Diabetes Projects

Diabetes affects a significant proportion of Brent's population and the HAZ programme have been working with community organisations and the tPCT to tackle this through a range of innovative projects.

Middlesex Association for the Blind

Middlesex Association for the Blind have been running a help desk at the Eye Clinic at Central Middlesex Hospital, which aims to inform clients and their families of support services, advice on equipment and information about diabetes. The Association launched its desk on 26th March and on average sees 15-20 clients per day.

The Eye clinic is moving so the Association is hoping this will improve the presence and displays in the clinic.

Contact: David Pearce, Middlesex Association for the Blind, **020 8423 5141**, Email dave@aftb.org.uk

Elders Voice and New Testament Church

A specialist worker has been employed for this project. The project has been promoted in both the voluntary and statutory sector through distribution of leaflets to GP practices and health centres, various community groups such as South Kilburn Pensioner Group and Brent Refugee Forum as well as health professionals such as Dieticians and Diabetic nurses. Referral forms were given to professional teams to be used for referring people with diabetes to the project.

The project was delivered in various ways such as:

- 76 one-to-one meetings were arranged with new and old users
- More than 14 workshops were held.
- 4 group talks held at Tulsi House, Rosemary House, Hibiscus Luncheon Club, Somali Women's Group. A further half-day course was held at Hibiscus Luncheon club.
- A Diabetes Clinic was held every Thursday at New Testament Church in the last 3 months.
- 4 home visits took place.
- A three day course was delivered and a three half-day course took place at WISE project.

Further training materials have been developed to reflect varying literacy/language competencies of participants.

Monitoring statistics have been collected for use in qualitative evaluation of the project.

Elders Voice and New Testament Church will continue to promote project, develop materials and identify possible venues for delivery. They will research possibility of working with Brent Association for the Blind.

Contact: Helen Cylwik, Elders Voice, **020 8968 8170**, Email elders.voice@btconnect.com

Brent Deaf People's Group

Brent Deaf People's Group are developing training on diabetes for the deaf and hard of hearing.

A Project worker attended a DAFNE course and has continued to gather information and develop knowledge and skills. A diabetes awareness course for deaf people and their carers was held weekly for six weeks at Brent MIND. This course was widely advertised by both direct mailouts, specific mailouts of deaf organisations and on usual deaf networks (e.g. Read Hear/Deaf UK network). Extensive liaison took place with tPCT diabetes staff to ensure quality of training content is up to date and clinically accurate.

The possibility of running a follow-up support group to meet monthly will be considered.

Contact: Pauline Latchem, Royal Association for Deaf People, **020 8749 8857**, Email pauline.latchem@royaldeaf.org.uk

tPCT Community Diabetes Project

Diabetes education courses were run for newly diagnosed and established diabetics at a range of community groups. The courses were delivered by a Diabetes Education Coordinator, initially information detailing the Coordinators role was sent out to all GPs in Brent. Flyers publicising diabetes course were sent via e-mail to all GPs and partner community organizations. The course flyer and application form were placed on Brent tPCT website for download, and details sent for publication in UPDATE.

- 122 people attended courses
- 27 of which attended a day a week for 6 weeks held at Chalkhill Health Centre and Craven Park Health Centre.
- 15 of which attended a Tamil course
- Venues used include Stag Lane Clinic, New Testament Community Project, Lonsdale Medical Centre, St John the Evangelist Church and Kilburn Square Clinic.

A newsletter was produced in English translated into GUJARATI, URDU, ARABIC, TAMIL and SOMALI. This was distributed to all GPs and partner organizations.

tPCT Community Diabetes Project is aiming to establish if there is a demand for diabetes education in other languages and organize appropriate courses.

They are aiming to organise a short course for women only in partnership with Iraqi Welfare Association at Dar AHslam during Ramadan. Also organize a short course for people with disability in partnership with Asian People's Disabilities Alliance (APDA) at their office.

Contacts: Leena Sevak, PCT Community Diabetes Project, **020 8795 6679**, Email leena.sevak@brentpct.nhs.uk, or Sala Salih, **020 8901 1195**, Email sala.salih@brentpct.nhs.uk



Brent Learning Disability Partnership

Brent Learning Disability Partnership has been working at raising awareness and education surrounding diabetes for those with learning disabilities, their families, their carers and support staff.

- 30 awareness raising sessions took place. The target groups were carers, support workers, and professionals. The professionals included nurses, psychologists, social workers and speech and language therapists.
- Follow up support took place at peoples homes on 4 occasions.
- Many people with learning disabilities received one to one support and education
- The clinic for people with learning disabilities and diabetes started on 27.08.04.
- Information pack for people with learning disabilities and their carers was started.

A follow up session for nurses who require more in depth education has been arranged which will be attended by five community learning disability nurses. Awareness days, leaflets detailing main symptoms and risk factors, and workshops for people with disabilities will continue the project in the future.

Contact: Scott O'Hare, Brent Learning Disability Partnership, 020 8937 4341, Email Scott.O'hare@brent.gov.uk

Brent Community Physical Activities Project

A co-ordinator was recruited to run the NVQ instructors training programme. Trainees had regular contact with co-ordinator who was present most training days to offer encouragement and support. Trainees established a support network amongst themselves. Extensive protocols were written by the co-ordinator and have been agreed by the steering group.

15 trainees have passed all modules of their qualification. 13 BCPAP instructors have been preliminarily matched with an appropriate community group. 2 instructors are yet to be allocated a community group; this is delayed because of finding appropriate matches for their cultural sensibilities. T-shirts with BCPAP logo are available. Letters to community groups promoting BCPAP was widely distributed resulting in 30-40 enquiries including offers of venues.

Contact: Abi Whittles, BCPAP Project - Brent HAZ, 020 8965 8732, 07985 658 055, Email bcpap@mail.com

REPORT ON BRENT HAZ CONFERENCE 2005

“Mind the Gap – Partnerships in Action to Tackle Health Inequalities”

The Sala Suite at the Crown Moran Hotel was bursting at the seams on 29th June as 105 people packed in to hear about the work the Health Action Zone has delivered this year.

Conference delegates heard how the HAZ, working through a series of partnerships and steering groups focused on the three priority areas of TB, Cancer and Diabetes, had invested over £300k last year. In addition, the HAZ continued to support 13 existing projects that tackle the broader determinants of health in the areas of housing, employment, environment and social exclusion.

In her report to the conference Jackie Collins, HAZ manager, posed the question: “does investment in multi sectoral partnerships, both public and community, translate into a reduction of health inequalities and an uptake of services from within communities traditionally hardest to reach?” From the success of the HAZ projects, it would seem that the answer is yes.

Health inequalities occur when barriers exist to people accessing health services or when people's health is impacted negatively by environmental and socio-economic factors.

Some barriers are social constructs, that is to say, that if society changed how it responds to or understands the needs of certain groups, services and social inclusion could be improved. (e.g. discrimination, disability, sexual orientation, refugees)

The other area of the inequalities agenda are the things that cannot be changed by processes of inclusion in a social model. These are known as socio-economic and environmental inequalities. People living in poor housing, in areas of high crime, high pollution, living on low incomes, those with poor education and therefore poor employment prospects – are disproportionately represented in levels of poor health and whose life expectancy is dramatically reduced as a result of these factors.

All sectors must be involved to beat these inequalities. The value each sector brings to the partnership is in how they deliver and with whom, to the different perspectives, skills, expertise, social capital, values and organisational culture that each partner brings to the table.

On a cautionary note, Jackie referred to the London Health Observatory report that warned of increasing the inequalities gap by taking a scatter gun approach rather than targeting approach to the areas most in need. The learning of the HAZ must be taken on board in developing future health inequalities work in Brent.

The conference heard support for the HAZ approach from Danny Maher of Cricklewood Homeless Concern, Dr Shafi of NW London Hospitals Trust and Aaysha Shah from Brent Council Housing Policy team.

Gail Findlay of the London Health Commission, herself a former HAZ Director in North London, brought the national perspective to the conference highlighting the long road we are all on to tackle health inequalities. We were pleased to hear how seriously London government are taking the problem and coming up with targeted interventions to tackle inequalities across the capital.

Ann O'Neill gave a local perspective on the value the voluntary sector brings to partnerships using examples from her work at Brent MENCAP.

In managing to have a full room at the end of a long day clearly people in Brent are keen to work together to tackle this agenda.

‘This House believes that Partnership Working is the Most Effective Way to Tackle Health Inequalities’: One of the highlights of the Conference was the HAZ Debate. This was a lively and entertaining stage-managed event, in which each candidate presented a forceful argument for why their case should be supported. The motion was presented in dramatic style for the purpose of illustrating extreme ‘for’ and ‘against’ positions to the motion.

Speaking for the motion - Patrick Lewis, of Harlesden and Stonebridge Neighbourhood Renewal Team. Speaking against the motion – Jackie Collins, Brent HAZ. This was followed by discussion in groups, on the issues raised in the debate and by the registering of group votes. The motion was carried.

The day ended with a round table discussion facilitated by freelance consultant Clementine Femiola with contributions from Sarbjit Ganger of the Asian Women's Resource Centre, Jenny Goodall, Director of Adult Services at Brent Council. Jacky Peacock from Brent Community Network / Private Tenants Rights Group and Judith Stanton, Director of Public Health at Brent tPCT.

The discussion addressed what national and local drivers are for joint work, how different sectors contribute to the agenda and steered us through the changes at Brent Council Children and Families and Adult services. Developments such as the recently approved Brent Local Area Agreement which will bring partners together to plan and deliver local priorities and targets in a range of service areas were also addressed.

In managing to have a full room at the end of a long day clearly people in Brent, from all sectors, are keen to work together to tackle this agenda.

A full copy of the Conference report is available from the HAZ office or from our website at www.haz-brent.org.uk

IN PROFILE

A CLOSER LOOK AT THE WORK OF SOME HAZ FUNDED PROJECTS

BBE: The Fruits of Success - BBE's Chairman Mr Edward Lazarus, Reports on the HAZ Supported Food Innovations Project

The holistic approach adopted by Brent Business for the Environment in designing the HAZ supported Food Innovations Project has resulted in 1150 square metres of neglected land regenerated for food growing facilities that have generated recognition from the Federation of City Farms and Community Gardens, together with accreditation from the Wholesome Food Association. The four sites have attracted 150 volunteers who working on a 'buddy' mentoring system have created an effective horticultural training environment. These sites are run on chemical free and organic principles.



The Planting for Health Programme has resulted in over 500 Fruit trees being distributed and planted in Brent.

BBE fully supported the formation of Grassroots Fair Traders food cooperative and this community-based operation now delivers 50 nutritionally balanced fruit/vegetable boxes, to the needy, in South Kilburn on a weekly basis.

Since 2000 over 3500 people have benefited in some way from this project and whilst BBE exists to improve the environment this cannot be achieved without people making the link between a healthy environment and their own well being.

This success has attracted other partners so the innovative operations will continue as long as the community needs them. It is a tribute to HAZ that without their initial and ongoing support, it is doubtful if the community would be in the position to proactively participate in health improvement programmes in Brent whilst positively improving the environment for all.

Brent Irish Advisory Service (BIAS) by Karen McHugh

BIAS is a community development and welfare agency providing a range of holistic and inclusive advice, information and generalist support services to Irish people in need in Brent primarily and London generally. We were established in 1978 and are a registered Charity and a Company limited by Guarantee. Our objectives are to relieve the poverty and promote the welfare of Irish people in London.

We are based at the Old Library Building at Willesden Green Library Centre The services provided by BIAS are designed to reflect important issues relating to our client group.

Our current services include: a *Generalist Advice and Information Service* which provides advice and information on a broad range of issues such as welfare rights entitlements, information on moving to Ireland, assistance in obtaining Irish birth certificates, passport related issues and any other advice matters.

Other more specialist services include: a *Housing Advice Service*, which provides advice on housing options and referrals to housing associations and hostels; our *Children and Families Social Work Service* works with Irish children and families who are in need or at risk; an assertive *Outreach Project*, which works with people with health, housing and/or social care needs; the *Travellers Youth Project* which works with Traveller youth who live on the Lynton Close Travellers Site in Neasden or in housing through out the borough; the *Criminal Justice Project*, which facilitates Irish Groups in Feltham, Brixton and Wandsworth prisons primarily and provides one-to-one follow up support to inmates; an *Irish Elders Day Care Project* and *Luncheon Club* in Brent and an *Irish Social Club* in Harrow.

Clients who are identified as requiring our services are referred to us from a wide range agencies and by individuals.

Brent Community Physical Activities Project by Abi Whittles

BCPAP is an exciting initiative developed directly through the Brent Health Action Zone. The aim of the project is to provide low cost physical activity classes to those living and working in Brent.

BCPAP have trained 15 local people who spent six months doing both theory and practical modules to graduate as qualified OCN level II Exercise to music instructors.

The participants were offered the course at a reduced rate and have now been matched with a community organisation to provide a minimum of 20 hours of exercise classes for people at risk of diabetes. After they have completed their 20 hours, it is hoped that they will stay on with the project in the long-term and continue to provide low cost accessible exercise classes for those who do not traditionally join in this type of class. These instructors provide calorie-guzzling exercise to music classes.

Organisations that are benefiting from the classes include: Brent African and Caribbean Resource Centre, Grove Residents, Cricklewood Homeless Concern, Willow Housing for Older people and Care, Brent African Association, Umoja Pamoja, Swaminarayan Temple, Sudbury Baptist Youth Group, Brent MENCAP, Brent Deaf People's Group, Cricklewood Homeless Concern,

If you do not belong to any community group, there are walk-in exercise classes around Brent that you can benefit from.



Twelve Rolling Months @ CBC by Ike Odina

At Cancer Black Care, we set ourselves a huge and ever-moving task – to meet the support needs of all those affected by cancer.

To date, our service users have continually informed us of how impressed they have been with us, as we determine to provide the services they need.

Our wide remit enables us to use a great deal of creativity as we carry out our responsibilities. The potent blend of courage and creativity has opened numerous doors across the broad spectrum of sectors within the Borough (and beyond). Our constant chant is to GO OUT to where the people are!! Thus said, within the past twelve months Cancer Black Care has taken the principles of cancer awareness to local community agencies right through to multi-national corporations. We've gone to car garages and beauty salons; leisure centres and schools. We have gone to where people are... everywhere – and we still have a huge number of places to visit. We have made 'appearances' on both television and radio, spreading the positive message of cancer awareness. The feedback from our enterprising experiences has been extremely positive and as such we can confidently say that our presence in the community is mutually beneficial to all.

Recently, we took part in a Channel 4 programme – part of the Dispatches Series, titled: In Pain of Death. In the production, with one of our clients providing the stark reality of the matter; we helped the viewing population to realise that a fair number of inequalities exist in health care provision available to people from BME communities. In her short, but moving narrative, our client moved the production team to tears as she highlighted her plight. Our task was to make life for this client and her family as comfortable as possible, ensuring that she received all the services and facilities available to her.

By her own admission, we did just that. She said that the support we provided (directly and otherwise) was indeed 'priceless' We did what we said we would do. This is the promise that we give to all our clients and the good practice by which all our officers carry out their duties.

Our thanks goes to Brent HAZ for having the courage to see a need and set about addressing it and we, here at CBC look forward to many more years of true partnership.

Iraqi Welfare Association by Zahra Al-Shahristani

The Iraqi Welfare Association (IWA) is a charity organisation aiming at developing the Iraqi community in England and mainly London, through the provision of services and projects. Aims include relieving poverty among the Iraqi community and refugees; advancing education and employment; alleviating sickness, promoting public and individual health & well-being and providing recreational opportunities.

The Iraqi Welfare Association runs several health projects serving the Iraqi Community. These projects include Drug Misuse, Cancer Awareness/ Prevention, Health Advocacy Training Course and an Elderly and carer project.



Earlier this year the drug misuse project conducted two awareness seminars: one aimed at young people and the other addressing parents. Over 200 people attended both seminars.

The Cancer Awareness\Cancer Prevention Project was launched in April 2004 and has since been providing advice, support and assistance for the Iraqi community in London. The project has successfully translated leaflets into Arabic, reviewed and edited other translated leaflets at the request of the Department of Health, and conducted two seminars addressing the Arabic speaking community and raising awareness of health and well-being issues in particular cancer prevention and lifestyle.

Brent health Action Zone funding was received as a result of studies showing that members of minority ethnic groups and refugees: have an increasing ratio of cancer and that lack of related knowledge is resulting in delayed diagnoses, also that more than half the females of these communities were not attending the NHS breast screening and cervical screening programmes.

The Advocacy & Mediation in Health Training course endeavours to provide training for Arabic speaking refugees. The training is accredited by an educational body and lectures are conducted by professional tutors. It covers different units allowing students to gain genuine understanding of the health system in the UK, existing services and how to access services effectively. The training will also equip learners with health interpreting skills and health related vocabulary both in English and the target language as well as basic listening and counselling skills.

Training enables and empowers learners to support their local communities, either on a voluntary basis or through paid employment, to access and fully benefit from existing health services as well as stating their opinions on services and proposing their suggestions for improvement and development. This is a three year project and up to this date, two -15-week courses have been successfully concluded. Learners who successfully complete the training and coursework are awarded a Certificate in Advocacy and Mediation in Health (Level 3).

Brent Private Tenants Rights Group - Day Centre for Families In Temporary Accommodation by Jacky Peacock

More than 4,000 families in Brent will spend tonight in temporary accommodation, and that includes about 6,000 children. And that's just the families Brent Council has a duty to re-house (eventually). Many more are in temporary homes even though they cannot look for help in the permanent social housing sector. Other families have been found temporary accommodation in Brent by other local authorities.

The acute shortage of affordable permanent homes means that it may take years before some families have a permanent home to call their own.

Brent Homeless Families Group, which started life as a HAZ initiative, is working with families to build a Day Centre to give families a chance to come together, to counter the difficulties they face by not being able to put down roots in their temporary neighbourhoods, and to help them to develop personally through learning (most requests are for English, maths, computing and parenting classes, plus extra classes for children). As well as classes, there will be health awareness sessions, advice and counselling, interior design, home maintenance, play areas and simply a place to relax.

The Centre, in Neasden, is due to open towards the end of this year and meanwhile our future users are working with us to plan the services and activities they will value most, and get them in place.

If you know of families in temporary accommodation who might like to get involved, please let them know about us. More information from Jacky Peacock on **020 7624 4341** or email jacky.peacock@bptrg.org

Income & Expenditure Statement Haz Projects – 2004 - 2005

Account	Account Name	Budget Month	Expenditure Month	Variance Month	WTE	Full Year Budget	Budget YTD	Actuals YTD	Variance YTD
22501	Diabetes - Brent Assoc Blind	333	0	333	0.00	4,000	4,000	4,000	0
22502	Diabetes - Elders Voice	3,133	0	3,133	0.00	37,600	37,600	37,589	11
22503	Diabetes - Brent Deaf Peoples	500	0	500	0.00	6,000	6,000	3,000	3,000
22504	Diabetes - Pct Diabetes Proj	2,917	2,917	(0)	0.00	35,000	35,000	35,000	0
22505	Diabetes - Brent Ld Partners	417	0	417	0.00	5,000	5,000	5,000	0
22506	Diabetes - Bcpap	1,617	0	1,617	0.00	19,400	19,400	19,267	133
	Haz Projects Diabetes	8,917	2,917	6,000	0.00	107,000	107,000	103,856	3,144
Account	Account Name	Budget Month	Expenditure Month	Variance Month	WTE	Full Year Budget	Budget YTD	Actuals YTD	Variance YTD
22401	Cancer - Black Care	4,663	0	4,663	0.00	55,950	55,950	55,940	10
22402	Cancer - Brent Carers Centre	321	0	321	0.00	3,850	3,850	3,850	0
22403	Cancer - Iraqi Welfare Assoc	1,133	0	1,133	0.00	13,600	13,600	13,600	0
22404	Cancer - Cricklewood Homeless	1,983	0	1,983	0.00	23,800	23,800	23,770	30
22405	Cancer - Bias	275	0	275	0.00	3,300	3,300	3,300	0
22406	Cancer - Afghan Assoc Brent	250	0	250	0.00	3,000	3,000	3,000	0
22407	Cancer - African Womens Care	292	0	292	0.00	3,500	3,500	5,716	(2,216)
	Haz Projects Cancer	8,917	0	8,917	0.00	107,000	107,000	109,176	(2,176)

Account	Account Name	Budget Month	Expenditure Month	Variance Month	WTE	Full Year Budget	Budget YTD	Actuals YTD	Variance YTD
22301	Tb - Brent Refugee Forum	2,083	7,800	(5,717)	0.00	25,000	25,000	31,200	(6,200)
22302	Tb - Brent Homeless Families	0	0	0	0.00	0	0	0	0
22303	Tb - Bbasmhc / Brh & Scf	2,083	0	2,083	0.00	25,000	25,000	25,000	0
22304	Tb - Tb Alert	0	22,250	(22,250)	0.00	0	0	22,250	(22,250)
22305	Tb - Nwl Tb Network	0	0	0	0.00	0	0	0	0
22306	Tb - Brent Indian Association	917	0	917	0.00	11,000	11,000	5,000	6,000
22307	Tb - B&H Community Hlth Projs	917	0	917	0.00	11,000	11,000	11,455	(455)
22308	Tb - Apda	2,917	0	2,917	0.00	35,000	35,000	30,000	5,000
	Haz Projects Tuberculosis	8,917	30,050	(21,133)	0.00	107,000	107,000	124,905	(17,905)
Account	Account Name	Budget Month	Expenditure Month	Variance Month	WTE	Full Year Budget	Budget YTD	Actuals YTD	Variance YTD
22102	Haz - Payment For Involvement	833	766	67	0.00	10,000	10,000	4,320	5,680
22107	Training Refugee Volunteers	1,208	0	1,208	0.00	14,490	14,490	17,990	(3,500)
22109	Cab Benefit Advice	1,078	0	1,078	0.00	12,938	12,938	16,063	(3,125)
22125	Pct Carers Support	7,337	2,977	4,360	0.00	88,041	88,041	88,041	0
22201	Community Capacity Building	3,450	14,216	(10,766)	0.00	41,400	41,400	25,301	16,099
22203	Healthy Living Develop Fund	3,155	11,791	(8,635)	0.00	37,864	37,864	35,098	2,766
22217	Qest	9,062	0	9,062	0.00	108,741	108,741	112,000	(3,259)
22228	Brent Refugee Forum	1,725	5,175	(3,450)	0.00	20,700	20,700	20,700	0
22229	Healthy Living Networker	3,019	20,306	(17,287)	0.00	36,225	36,225	36,225	(0)
22233	Chc Homeless Education	1,114	0	1,114	0.00	13,364	13,364	13,364	0
22243	Food Innovation Project	3,234	0	3,234	0.00	38,813	38,813	38,812	1
22245	Community Chest	4,838	5,000	(163)	0.00	58,050	58,050	54,338	3,712
22266	Social Enterprise Development	3,330	15,045	(11,715)	0.00	39,965	39,965	39,965	(0)
	Haz Projects Pre 04-05	43,383	75,275	(31,893)	0.00	520,591	520,591	502,216	18,375
	Total	70,133	108,242	(38,110)	0.00	841,591	841,591	840,253	1,338

Governance of the Health Action Zone

The Health Action Zone is based within the Public Health Directorate of Brent tPCT. The HAZ committee is the governing body for the HAZ and it is made up of representatives from the tPCT, Brent Council and the umbrella bodies of the local community and voluntary sector. The community has the majority representation on the Committee.

The HAZ committee is, in turn, a sub group of the tPCT Board, which is the management body for teaching Primary Care Trust.

One of the Trust boards non executive Directors, Steve Maingot is the chair of the HAZ committee.

Karen McHugh	Brent Irish Advisory Service
Amna Mahmoud	Brent Community Network
Phil Sealy	Health, Race & Social Care Forum
Hanna Field	Brent Refugee Forum
Jagdish Patel	Brent Indian Association
Gloria Travers	Community Involvement Workstream
Iris Brown	Women's Health Network
Director	Brent Black African and Caribbean Mental Health Consortium
Director	Age Concern
Steve Maingot	Non Executive Director, Brent tPCT
Judith Stanton	Director Public Health, Brent tPCT
Andrew Parker	Director Commissioning & Modernisation, Brent tPCT
Cathy Wellstead	Brent Council
Geraldine Quinn	Brent Council
Non voting members	
Jackie Collins	HAZ Manager
Marco Inzani	Head of Health Promotion, Brent tPCT
Judith Lockhart	Head of Public User & Community Involvement, Brent tPCT
Mike McGowan	Finance Manager, Brent tPCT